



Parish Office

130 Upper Dunmurry Lane
Belfast,
BT17 0EW

Fr. Rory Sheehan. PP

email:info@ourladyqueenofpeacekilwee.com

Telephone: 90616300

Mon - Closed
Tues-Fri- 9.15am-1.00pm

Weekday Mass Times
Mon, Wed, Fri 9.30am
Tues, Thurs, 7.00pm

VISIT OUR PARISH WEBSITE www.ourladyqueenofpeacekilwee.com

The Parish of Our Lady Queen of Peace is part of the Diocese of Down & Connor and operates in accordance with the Diocesan Privacy Notice, a copy of which is displayed on the notice board and on the Parish Website

“They devoted themselves to the apostles’ teaching and to the fellowship, to the breaking of bread and to prayer.” Acts of the Apostles 2:42)



This how our church started when there were few apostles and members, yet from humble beginnings the Church grew, spread across the nations, and demonstrated a persistent vitality. Here in Ireland – the Church expanded for centuries and for the many reasons you will be aware off- in more recent times, the numbers attending Masses and the sacraments has decreased. However we are blessed to have a great family of faith here in this parish!

We are living in a time of increasing pressure in relation to a shortage of priests, and this is particularly acute when it comes to being able to cover each other in the case of emergencies and sickness. It is inevitable that there will have to be changes in how clergy provide services across not only our own parish but also neighbouring parishes. This is happening in every Pastoral Community in the Diocese.

We have completed research:- there was a census of Mass attendance at all our Masses, in each parish of the pastoral community, across three successive Sundays last May and November, to help inform us regarding Mass provision for the future. The findings have helped us draw a plan for the future.

We are at a stage now that in our Pastoral Community which takes in six neighbouring parishes, that we feel we have no option but to reduce the overall number of Masses in the immediate future. None of us likes change, and I know you may be worried about what these changes will mean. All of us tend to think about how change affects us personally – we have traditions- however while this is a challenge it offers opportunities.

We hope these changes will lead to greater collaboration, sharing of resources and co-operation amongst our family of parishes

We have discussed these changes with pastoral councils, parishioners those involved in ministry and Pastoral Community Forum members - over the next few weeks we will be outlining these changes in more detail, giving us all an opportunity to familiarise ourselves with them before their introduction in the immediate future. We commend these changes to you and hope you embrace them in a sense of co-operation and collegiality; in good faith and as the best way forward for our parishes in the face of change and challenge in the years ahead.

WOMEN’S WORLD DAY OF PRAYER

Women’s World Day of Prayer is being held this year in

The Presbyterian Church Dunmurry.

The service has been prepared by The Christian Women of Slovenia, who have asked us to join with them in prayer. **FRIDAY 1st MARCH AT 7:30 pm**



Women's World Day of Prayer

O.L.Q.P. BETHANY BEREAVEMENT SUPPORT GROUP

Our Lady Queen of Peace Bethany Bereavement Support Group is holding a five week course entitled 'Healing in Bereavement'. The course starts at 7.30pm **Tuesday 12th March** in the Conference Room, for five consecutive Tuesdays. If you are interested please leave your name with the Parish Secretary or with a Bethany member in the church foyer after all masses on the 2nd and 3rd March.

CHARITY STOREHOUSE.

“If you can't feed a hundred people, then feed just one” - St. Theresa of Calcutta



This weekend is the parish's monthly collection of non-perishable food items and toiletries for delivery to the charity Storehouse.

Any donations of non-perishable food items and/ or men's and ladies' toiletries . would be very gratefully received. Thank you

PARISH DRAW The Parish Draw will take place on Thursday 28th February after the 7.00pm Mass.

BLOOD DONATION SESSION

There will be a blood donation session on **Monday 4th March** between 4pm -8pm in the Bloodmobile which will be parked in the rear car park of the Dairy Farm Centre.



CALLING ALL BELOVED DISCIPLES

Why not come and join us explore through scripture, discussion and prayer, the great beauty that comes with age, and the gifts that you have to share with the whole church community.

The next session will be **Friday 1st March**, after the Novena Mass tea in the Conference Room, **Our Lady Queen of Peace**

FIRST SATURDAY DEVOTIONS -2nd March

First Saturday Devotions will take place in **St.Matthias Church** Glen Rd and **Holy Family Church** Limestone Rd. 3pm Exposition, Confessions, Rosary and Act of Consecration and 4pm Mass.

'HOMEGROWN' CONCERT 30th Anniversary 'Homegrown' Concert celebrating the work of

TinyLife, the premature baby charity. **Friday 1st March 2019 at 8 pm in Clonard Monastery, Belfast** Artists include the cream of Northern Ireland talent: Karl McGuckin, Malachi Cush, Andrea Begley, Eimear McGeown, Niamh Perry, St Dominics Grammar School Choir & Special Guest Phil Coulter Tickets £20 available from Clonard office, TinyLife office (Bloomfield Avenue) tel: 02890 815050 or online www.buytickets.at/tinylife



ANNIVERSARIES We pray for those whose anniversaries occur around this time

John McCarthy, James McGahan and Samuel McMahon

Eternal rest grant unto them O Lord and may perpetual light shine upon them

THE SANCTUARY LIGHT: has been dedicated on week beginning 24th Feb.' **A Special Intention'**

WEEKLY OFFERING Envelope Offering: £903.00
Maintenance: £230.00

Loose Offering: £445.00
Sick & retired Priests £325.00

Many thanks for your continued support



Please leave your name at the Parish Office or Sacristy if you would like Parish envelope

CHURCH MINISTRIES *Would all leaders/chairpersons please remember to inform the parish office of any changes to members of the Church Ministries*

BETHANY BEREAVEMENT SUPPORT GROUP (providing support to the bereaved and those suffering loss of any kind) contact **07923337638.**

CHURCH HOUSEKEEPING: Group B Saturday 2nd March 2019

ST. VINCENT de PAUL: Anyone needing help please contact 90616300

FIRST SATURDAY DEVOTIONS

St Joseph's Church, Killough, Chapel Street, BT30 7QJ ;Sacrament of Reconciliation from 9.00am; Rosary at 9.00am; Meditation on the Mysteries of the Rosary at 9.30am, Holy Sacrifice of the Mass at 10.00am.

LENTEN DAYS AND HOLY WEEK RETREAT AT DROMANTINE - 2019

16th March 'A Lenten Encounter: Looking Up and Reaching Out' led by Fr. Damian Bresnahan SMA 10am - 5pm Cost £25 lunch included

30th March 'A Lenten Experience: Called to Renewal'

led by Fr. John Gallagher SMA 10am - 5pm £25 lunch included

Holy Week Retreat Wed 17 th April at 5pm – Sunday 21 st at 11am

The SMA Community invites you to join them in reflectively celebrating the

Easter Triduum, beginning with the Seder Meal. £250 full board

Dromantine Retreat Centre, Newry BT34 1RH

Booking: Tel. 028 30821964 or admin@dromantineconference.com

PARISH PILGRIMAGE TO ROME, ASSISI & CASCIA

Spiritual Directors- Fr Conor Mc Grath Fr Dominic Mc Grattan

Due to cancelations spaces have become available Including Divine Mercy Sunday in Rome 6 Night Pilgrimage to Assisi, Cascia, Rome & Vatican City, **27 April– 03 May 2019**

Package price from £945.00 pps Single rooms now available

Application form available on 90812238 opt 2

A QUICK JOURNEY THROUGH THE BIBLE. A series of talks on an overview of the Bible by DVD. An excellent introduction for those who may not be too familiar with the Bible.

They will be shown at the Monastery in Portglenone on the Sunday evenings during Lent at 5.00 p.m. commencing on Sunday, 10th March, 2019. All are welcome.

For further details contact the Monastery or Thomas Carey on 079 6762 0435.

'STRICTLY COME DANCING' in aid of the Lourdes Pilgrimage.

Join us for a superb evening of fun and entertainment in Carryduff Parish Centre on the **15th**

March 2019 at 7.30pm. Ticket: £15 for Adults, £7.50 for children.

Can be ordered through the Carryduff Parish Office on 028 9081 2238

or drumbo@downandconnor.org

ASH WEDNESDAY DAY OF PRAYER

Upcoming events at **Tobar Mhuire**. Ash Wednesday Day of Prayer. Our annual day of prayer is dedicated to prisoners; their families, and those who care for them. Chapel open all day for Adoration followed by Prayer Service at 7.00pm . Talk by Fr Ciaran Dallat (Prison Chaplain) at 7.30pm. All welcome. **Wednesday 13th March:** First of our Lenten Talk Series: The Beatitudes of Pope Francis with Dr Aidan Donaldson at 7.00pm. All welcome. Voluntary donation.

CHRISTMAS PILGRIMAGE GROUP TO THE HOLY LAND

ex Dublin 19h – 27th December

Also Holy Land 31st October– 8th November 2019 Taking in Bethlehem, Jerusalem (Mount of Olives, Garden of Gethsemane, Last Supper Room and Calvary), Mount Tabor, Cana, Nazareth, Jericho, River Jordan, Dead Sea and Sea of Galilee. ALSO Medjugorje Pilgrimage for Youth Festival 2019 August Bank Holiday Weekend. ex Dublin 7 nights. Both Pilgrimages can be made by installments Contact James Treacy 0860572216

SUPPORTED HOUSING UNIT FOR PEOPLE WITH DEMENTIA

Cullingtree Meadows is a new Supported Housing unit for people with Dementia, based on lower Grosvenor Rd, Belfast BT12. We offer 24hr care and support and help people with Dementia live independently for as long as possible. For more information Phone 028 95041331

RACHELS VINEYARD retreats are a beautiful healing opportunity for anyone struggling with the spiritual or emotional pain of an abortion. The weekend helps you to experiment the love, mercy, compassion and forgiveness of God. It enables suffering souls to find a voice and transform the pain of the past into love and peace and a future full of hope. For information call Marian in complete confidence on 07814 748 744 or e mail marianrvni@yahoo.co.uk and check us out on facebook.

THINKING ABOUT VOLUNTEERING IN 2019?

VINCENT'S SHOP; Do you have a few hours to spend each week? Why not help out at our Vincent's Shop facing Turf Lodge. Volunteers urgently needed

TROCAIRE VOLUNTEERS-How marvellous it would be at the end of the day each of us could say: today, I have performed an act of charity towards others'. Pope Francis.

Trocaire is looking for volunteers in the Diocese of Down & Connor to bring social justice alive in their parishes. For more information contact Maria in Trocaire at 028 90808036 or email maria.kane@trocaire.org

PARKINSON'S' UK currently have a variety of volunteer roles on offer. We have roles that require just a couple of hours of your time per month, home based roles and roles where you can help decide priorities within your local area.

So, whether you thrive in a group environment or enjoy making strategic decisions in a small team, please call Emma McKeown on 0797 686 6649 for a no obligation chat to kick start your volunteering journey or email emckeown@parkinsons.org.uk.

INTERESTED IN VOLUNTEERING? Do you love trees and the outdoors? Do you want to make your mark to help local wildlife? Why not volunteer with [Belfast Hills Partnership](#)? Big Saturday Task volunteers meet once a month on a Saturday morning to carry out a range of conservation tasks. Please find attached further information. To find out more email Lisa at [Belfast Hills Partnership](#) at lisa.critchley@belfasthills.org

OASIS DAY OF PRAYER AND REFLECTION FOR MARRIED COUPLES

'As we journey on from the World Meeting of Families, Glenavy and Killead Parish is offering an **Oasis Day of Prayer and Reflection for Married Couples**, on **Saturday 2nd March 2019**, 10.00am – 3.00pm in St. Clare's Community Hall, 55 Chapel Lane, Glenavy, Crumlin. This is an opportunity for married couples to take some time out, in the company of other couples, to reflect on their marriage in a relaxed and prayerful atmosphere. For more information, contact Accord NI Catholic Marriage Care Service on 02890 233002.'

ARE YOU MAKING WEDDING PLANS? Prepare for your future Married life at a Catholic Engaged Encounter Course, **23-24 March 2019** in Our Lady and St. Patrick's Parish Centre, Ballymoney, Co. Antrim. For details/booking: marriageencounter.ie or 028 2763 8512

NURSES! The Diocesan Pilgrimage to Lourdes is currently seeking volunteers to join our nursing team to care for our pilgrims who will stay at the Accueil Notre Dame, during our 2019 Pilgrimage (10-15 July.) You will need to be a registered nurse, active on the NMC live register - newly registered nurses are welcome. For more information or to register your interest please email us to lourdes@downandconnor.org with your contact details and we will get back to you.

"ROOT SOUP" GROUP is a service which supports adults with learning disabilities who have unfortunately become homeless.
The first Monday in every month the group meet in Dunmurry Presbyterian Church to serve soup and sandwiches to the public. A small donation of £3 would be appreciated.
 Everyone most welcome.

THE CFN RESIDENTS ASSOCIATION AND OLQP PARISH CHURCH wish to confirm that the Charity Function, held on Saturday, 24 November in the Balmoral Hotel raised the tremendous sum of **£2,425**. We wish to express our deepest gratitude to everyone who very generously supported this fund-raising event; that everyone had a great night and that we hope you will continue to support the CFN and the Church

BSL NI SIGN LANGUAGE MASS

Bishop Noel Treanor wishes to make you aware of an initiative within the Diocese of Down and Connor that is very beneficial to those who are deaf and hard of hearing.
 Each day a BSL NI Sign Language Mass is provided via the webcam from St Vincent de Paul Parish, Ligoniel, Belfast. <https://www.saintvincentdepauligioniel.com/webcam>
 You can also watch a recording of the Mass externally
 at: https://www.youtube.com/channel/UCQJf_QN2zqPzwKx4p6PJ18A This will have subtitles

A JOURNEY IN FAITH

If you — need a deeper understanding of your Catholic faith / are seeking to return to celebrating your faith / would like to explore and enquire into the Catholic faith with a view possibly of Baptism... please come along to the Gartan Room, St Colmcille's Parochial Hall, 191 Upper Newtownards Road Belfast, BT4 3JB, **on Wednesday evenings at 7.30pm**, to take the next step with others, where you may find example, encouragement and inspiration to help you along on your journey of exploration. Enquiries to Noeleen 07879 498131

**REQUESTS FOR COPIES OF
 BAPTISM, CONFIRMATION & MARRIAGE CERTIFICATES**

In order to comply with requirements of the Data Protection Act, all such requests need to be made in writing and certificates can only be issued to those named on record—for instance, the person who was baptised, or, in the case of someone under the age of 16, their parent or guardian.

<u>SURVEY OF MASS ATTENDANCE</u>				
<u>Mass Attendance</u>	<u>6.30 Vigil</u>	<u>10.00am</u>	<u>12noon</u>	<u>Total</u>
<u>Week 1</u>	<u>200</u>	<u>140</u>	<u>281</u>	<u>621</u>
<u>Week 2</u>	<u>173</u>	<u>138</u>	<u>308</u>	<u>619</u>
<u>Week 3</u>	<u>288</u>	<u>160</u>	<u>300</u>	<u>748</u>
<u>Total</u>	<u>661</u>	<u>438</u>	<u>889</u>	<u>1988</u>

PILGRIMAGES

DRUMBO PARISH PILGRIMAGE TO ROME, ASSISI & CASCIA

Including Divine Mercy Sunday in Rome 6 Night Pilgrimage to Assisi, Cascia, Rome & Vatican City, 27 April– 03 May 2019 Package price from £945.00 pps
 Spiritual directors: Fr Conor Mc Grath & Fr Dominic Mc Gratten

ROME/SAN GIOVANNI 15th / 22nd April Easter 2019 with Papal Ceremonies in Rome for the Easter Period 7 nights €995 pps Payments can be made in instalments contact James Treacy on 061921470 or 0860572216

PILGRIMAGE TO FATIMA AND LISBON ex Dublin (last remaining seats) for Feast Day of Saint Anthony 9th/14th June 2019. Full Board €675 pps Single supplement €32 Contact James Treacy: 061921470

DOWN & CONNOR DIOCESAN PILGRIMAGE TO FATIMA- 15th / 22nd August

2019 Led by the Most Reverend Noel Treanor D.D, 7 Nights Full Board Hotel Avenida. £715 includes tax & insurance. Discount of £100 if paid in full by Dec' 14th.
 Pilgrimage Directors Fr. G. McCloskey PP & Fr. S. Gilmore PP
 For further details contact Joe Catney 90714001 or 07776425631

MEDJUGORIE IRISH CENTRE PILGRIMAGES APRIL- OCTOBER 2019

7 nights B&B and Airport Shuttle service from Dubrovnik or Split for 279 Euros per person sharing. Book any flight-any time and we provide guaranteed airport shuttle service. Call us for further info and book the dates that suit you. Tel 014434510 or email reservations@med-irishcentre.com

PILGRIMAGE ROME & TUSCANY – 18 June 2019 - 7 nights ex Dublin (includes Assisi, Florence & Pisa) 3 nts Rome/4 nts Tuscany

Spiritual Director Fr Brian Donnelly PP Plumbridge - Guide Kieran Troy
 £1090 stg pp sharing (single room supplement £280) Includes guided tours and most meals.
 Contact PAUL OR MARIE at DOWNE TRAVEL -Tel : 028 4461 3288 or email-marie@downetravel.co.uk

OBBERAMMERGAU PASSION PLAY fully escorted tour ex Dublin **22nd August 2020** - 7 days

(play performed only every 10 years) Visiting Innsbruck Salzburg and Lake Constance
 Price includes daily tours, tickets for the Passion Play and dinner/bed and breakfast at the hotels
 £2049pp twin sharing (single room supplement £295) Limited availability. DEPOSIT £200pp
 Contact Marie or Paul Downe Travel -tel. 02844 613288 or email marie@downetravel.co.uk

EUCCHARISTIC MINISTERS NEEDED

Are you interested in being more involved in the parish?
 Have you thought of becoming a Eucharistic minister? If you have and would like to find out more contact Patrick Crossan on 07834571074. Your help would be greatly appreciated.

OLQP CHOIR- Sunday 10.00am Mass

Do you enjoy singing?. If the answer is yes, then why not consider joining us to sing and praise God each Sunday and add to the Liturgy. We rehearse every Thursday night from 7.45-9.15pm with a tea-break and a bit of craic!

PRAYER LIBRARY A small prayer library is located in the Baptistry. There, you will find books of guidance, suggestions on prayer which you can borrow for use at home.
 Please record the details of the book you have borrowed and returned

LIGHTHOUSE CATHOLIC MEDIA

The stand in the front porch of the Church offers 16 different CD's. We encourage you to take advantage of this wonderful opportunity! A suggested donation of £2.00 per CD covers the basic costs.

APOSTOLIC MASS CARDS are available in the shop. These are alternative Mass Cards and do not need to be signed by a priest. The onus is on you to attend Mass & pray for the soul of the deceased. Recommended offering for a Card is **£2**

BAPTISMS - First Sunday of every month

To register please contact the parish office at least one month in advance of baptism. Parents presenting their first born child for Baptism will be expected along with the godparents to attend a pre-baptism meeting on the 3rd Monday of the month before the Baptism

OUR LADY QUEEN OF PEACE GUIDE UNIT

The Catholic Guides of Ireland (CGI) is a nationwide uniformed association open to all women and girls. We actively promote diversity and inclusion and welcome girls and young women from all walks of life. Guiding invites girls and women to fulfill many of the challenges that life has to offer through participation both as an individual as well as part of a Company.

CGI offers a rich and varied program of indoor and outdoor activities, enabling them to become responsible citizens and giving them skills for life. Our mission statement is "to provide a challenging Guiding program within a safe environment, to enable all girls and young women to develop their full potential."



Our Sections; Cygnet Guides (Age 5-6), Brigin Guides (Age 6/7-11), Guides (Age 10/11- 17), Ranger Guides (Age 14+), Leaders (Age 18+).

We are currently recruiting new members to start in September, in particular new leaders. Our meetings take place in the Primary School Assembly Hall on a Monday evening from 18.30 to 20.00 from September to June each year.

If you would like further information or would be willing to help out or join us please contact the Unit Leader Amanda Millar via email to mandi78@hotmail.com

CREDENHILL, FOREST PARK, NETHERLANDS RESIDENTS ASSOCIATION has become aware that a number of burglaries or attempted burglaries have occurred in the Parish over the last few weeks. As such, the Association would strongly recommend that you urgently review the security around your property and your personal possessions. This matter is being raised with the PSNI this week for it to consider an appropriate and swift response. The Association would also urge you to report all criminal incidents to the PSNI to allow them to update their profile for the Parish and act accordingly. Your support in this matter will be greatly appreciated. Thank you

COLIN NEIGHBOURHOOD OIL CLUB. Working with Bryson Energy, the Colin Neighbourhood Partnership has formed a Community Oil Club for all residents living in the "BT17 0" postcode area. The club is free to join, there are no membership fees and it saves members between £15 & £30 on a fill of heating oil. To join the Club or get more information contact Léo at Bryson Energy on t: 02890 734261

CREDENHILL, FOREST PARK, NETHERLANDS RESIDENTS ASSOCIATION

would be very grateful if *some dog-owners* in the area would avoid using the green open spaces at the entrance to Credenhill Park and at the front of the Church for their dogs to foul in those spaces as members of the Association carefully and regularly maintain and nurture those areas for the enjoyment of everyone. As you know, dog fouling can cause very serious Health and Safety issues. The purpose of the association is purely to improve the quality of life for everyone in the area through improving the local environment and keeping it safe. **To that end the Association will be eternally grateful to you for your co-operation.** The Association fully recognises and appreciates the significant efforts all the responsible dog owners in the area apply to keeping the area free from dog foul. Belfast City Council has also erected signage seeking your support. Thank you very much

ÉIRE ÓG GAC is a local GAA club. It is a family orientated club with the emphasis on fun. Playing Gaelic games is a great way for children to keep fit, increase their ability, co-ordination and self-confidence and make new friends.

Currently, Éire Óg offers Gaelic football, hurling, camogie and girls football for primary school children. New players, boys and girls, are always welcome. No equipment is needed beyond suitable clothing and footwear.

You can contact Ciaran on 07875667574 for more information or just come along to one of our training sessions.

Training is at Woodlands. Gaelic football and girls football is on Saturdays at 11am. Hurling and camogie is on Thursdays at 7pm. All coaches are qualified through the GAA, Access NI cleared and trained in child protection

DUNMURRY WALKING GROUP

Proposal for consideration - formation of a walking group drawing upon interested individuals in the Dunmurry catchment area. a suggested programme might be:

2 evening walks: start time 6.30/7.00pm - finishing circa 8.00 pm. - venue, start, say Shaw's Bridge, circuit to include Minnowburn, Edenderry, Gilchrist Bridge. Coffee/ biscuits at Mc Cleery Hall or other venue, as agreed.

2 'daytime' walks - start time - 10.00/10.30 -finish circa noon - various options eg Belvoir Forest Park; Bladon Meadows etc. refreshments as per prior agreement. Daytime or evening options are suggested to facilitate those who may not be able to attend one or other due to standing commitments.

Generally transport to and from the venue would be arranged within the respective participating groups. See notice board in church porches Initial response to Bobby Graham, tele 90 610644

ROSARY CD AVAILABLE - featuring the voices of local children, parents & grandparents, and priests. To encourage praying the Rosary in family homes.

"The family that prays together, stays together." Contact: **07860645124** or email: littleflower17@icloud.com



BABY CLOTHES

You donated literally thousands of items- including bedding, toys, nappies and soap! You have directly helped approximately 20 individual families across Belfast by providing them with a good range of clothing.

You also helped four 'family resource centre' whose staff and volunteers work very closely with many needy families where there are young children:

- A residential unit for refugee families serving West Belfast;
- A family centre serving West Belfast;
- A mother and child residential unit serving North Belfast;
- The maternity wards in the Royal Victoria Hospital.

You donated substantial amounts of clothing for babies and young children to each of these locations but especially to the last two named. The staff started giving clothing out as soon as they received it and will be able to go on assisting families in need well into 2018.

All staff concerned expressed their great gratitude to every donor for their generosity and the parish SVP Conference for support and offers of assistance

BETHANY BEREAVEMENT SUPPORT

Would you like to help those people in your parish who are grieving after a bereavement? Bethany Bereavement Support offers training as a parish based group ministry which aims to help those bereaved and grieving. Support is offered on an individual basis in the home, to groups in drop-in centres, by phone calls, by helping at funeral liturgies and remembrance services. A full training course is offered over a 10 evening period.

For more information or to register interest in the next Training Course which begins in September 2018 and will take place in 193-195 Donegall Street, Belfast, please contact the parish office or Claire Dowds, 193-195 Donegall Street, Belfast, BT1 2FL (07557882183, email: bethanybereavementni@gmail.com

SÓLÁS Calling retired primary and secondary teachers: "Unique volunteering opportunities for Retired Teachers to provide 1:1 support to children with additional educational needs in primary schools in your area. One morning per week is required for a minimum of 15 weeks and full induction will be provided. Please contact Kate at Sólás on 02890 247600, or email progs@solasbt7.com for further details and information pack".

FAMILY CARE ADOPTION SERVICES is seeking adoptive families for babies, young children aged 3 years and older; and brothers and sisters. To find out more information please contact us at: **Family Care Adoption Services: Telephone:** 028 71 368592 or 028 90 691133 Monday to Friday 9 a.m. to 5 p.m.

Email: anne.ohagan@familycaresociety.org

Website: www.familycaresociety.co.uk

TOWARDS PEACE The vision of *Towards Peace* is to provide a safe supportive space for people who have been affected by abuse in a Church context, and who are seeking to explore the spiritual impact of the abuse. If you have been abused and would like a space to reflect on the impact of the trauma of abuse on your own relationship with God and spirituality, *Towards Peace* is here for you: www.towardspeace.ie / 01 505 3028.

ACTION ON HEARING LOSS Have you been considering volunteering? Waiting for the right role or a personal connection to a volunteering vacancy? This is for you....

Do you or someone you know have a hearing loss and or tinnitus? Currently there are 300,000 people in Northern Ireland with a hearing loss, 1 in 6 people and this number is estimated to increase to 1 in 5 by 2024.

Action on Hearing Loss aims to offer local support to everyone with hearing loss throughout Northern Ireland, we are reaching out to local people interested in a volunteering role, supporting their local community.

Can you spare 2 hours per month? If you can, we would love to hear from you.

2 hours per month could support an isolated older person with a much needed befriender, your local community with a hearing aid support session, your local hospital with an information stand or raise vital funds through a fundraising event.

There are roles to suit everyone, full training will be provided and expenses will be paid.

Should you require further information on Action on Hearing Loss support in your area or to receive a volunteer application pack please contact Laura Murphy or Norma Kelly on telephone: 02890 239619, e-mail: volunteering.ireland@hearingloss.org.uk or visit the website at <http://bit.ly/2snvblf>

THE ALZHEIMER'S SOCIETY

"Do you enjoy good company and a bit of craic? Are you a people person? Do you enjoy helping others? If you could spare a few hours a month, The Alzheimer's Society in Northern Ireland are currently recruiting new Side by Side volunteers in Belfast to support people in the early stages of dementia to carry on with hobbies and activities that they enjoy. Could you support someone on a regular basis to get out of the house? Our volunteers support people to enjoy a range of activities from going for walks, baking, attending groups, going to the cinema, going for a run, or just popping to the local shops for a cuppa and a bun. Full training and expenses are provided. If you would like to learn more about this rewarding and exciting volunteer opportunity please call David on 028 90 38 7787 or email Sidebysidebelfast@alzheimers.org.uk

FAMILY CARE ADOPTION SERVICES is a voluntary adoption agency with offices in Derry and in Belfast. We provide an adoption service throughout all of Northern Ireland.

A core part of our work is to place children with new adoptive families. These children are often from the care system and may have had a difficult start in life.

We are experienced in finding families for these children but given the number of children being referred and their specific needs we are always looking for families to come forward.

For a free information pack please contact us at: Telephone 027 71 368592 or 02890 691133

Monday to Friday 9-5pm. Email ann.ohagan@familycaresociety.org

Website www.familycaresociety.co.uk

FOSTERING AND THE CATHOLIC COMMUNITY

Could you help a child in need? Northern Ireland is currently experiencing a severe shortage of Foster Carers, and particularly carers from the Catholic Community. Kindercare Fostering is a not-for-profit organisation which works to find safe, secure and loving homes for children and young people in need in Northern Ireland. We need Foster Carers in your area! If you would be interested in finding out more about Fostering, please contact Gillian on 028 90941690, email Gillian.devlin@kindercare.co.uk or check us out at www.kindercareni.co.uk

'INTERESTED IN FOSTERING?' Do you think you have the skills, patience and desire to support vulnerable young people- then we would like to talk to you. We are currently looking to recruit 8 foster carers in your local area. We offer a good financial package to support young people in placement. Please contact Action for Children duty social worker on 02890460500 or email: nioffice@actionforchildren.org.uk

CHERNOBYL CHILDREN APPEAL We are a locally based Charity offering children living in the areas most heavily contaminated by the radioactive fallout a respite holiday, helping them recover from the effects of the disaster. The short time that they spend with us greatly improves their health and offers a tremendous boost to their immune system.

If you can help, please contact Mairead on 07752399393 anytime on Sunday or after 7pm the rest of the week. You can also email us at :- ccafamilies36@gmail.com

AGENI -Volunteers required in Lisburn

Age NI is currently recruiting volunteers to assist with our Sainsbury's Sprucefield Charity Partnership. If you have a couple of hours to spare every month please get in touch. Call Rosalind on 07850919165 or email rosalind.cole@ageni.org

MACMILLAN CANCER COMMUNITY HELPERS - IN YOUR AREA Macmillan Cancer Support has developed volunteer-led Community Helper Services in the Belfast, Southern and South-Eastern HSC Trust areas, and this Spring, we are recruiting in **your** local community. We are looking for volunteers to visit people affected by cancer on a regular basis (usually once a week) and help with things like light housework and shopping. Volunteers can also provide a befriending role. If you would like any further information, please do not hesitate to contact the Volunteering Team on 028 90708610. you can find out more by visiting our website: <https://volunteering.macmillan.org.uk> (just type in your postcode to see opportunities near YOU.)

VICTIM SUPPORT NI CALLS FOR VOLUNTEERS

Victim Support NI, the leading organisation supporting victims of crime in Northern Ireland, has called for people to volunteer with the charity in the Down and Connor Diocese.

The organisation, which helps victims of crime in communities and courts throughout Northern Ireland, said more volunteers are required to deliver their crucial support services in the local community.

Volunteering involves providing emotional support and practical assistance to victims of crime, form filling and giving people the confidence to make their voices heard.

Accredited training and development courses are provided to volunteers equipping them with the knowledge and skills to deliver a first class support service to victims.

As well as upskilling, it's also a fantastic way to work as part of a caring and compassionate team while helping people in your local area. Expenses are also covered.

If you have an interest in this type of role you can apply via their website <http://www.victimsupportni.co.uk/volunteer/>, by emailing volunteer@victimsupportni.org.uk or by calling 02890277778.

VOLUNTEER MENTORS ENGLISH AND/OR MATHS needed for adult learners.

Commitment will be two hours per week during term time

Volunteer mentors are required to help our Essential Skills Maths/ English adult students who require some extra support. This is an ideal opportunity for anyone who would like to support and provide mentoring to an adult learner who is returning to education.

Volunteer mentors will gain valuable experience in working with people and make a real difference.

We are looking for someone who is knowledgeable and proficient in either English or Maths (preferably with at least a level 3 qualification) who has a very positive attitude, has excellent communication skills and is flexible, patient and supportive.

The commitment would be for two hours per week, during term time, for one academic year. Travel cost up to £5 per day will be reimbursed. **We are looking for a mentor who would be available on a Monday 2-4pm, although other times possible also.**

Mentors will need a clear AccessNI certificate, the cost for this will be covered by Conway Education Centre. For further information please contact Clare at Conway Education Centre, 02890 248543 or canderson@conwayeducation.org

HELP IMPROVE LIFE FOR PEOPLE WITH PARKINSON'S..... Give time, get inspired

Volunteers are vital to our work and make a real difference to everyone living with Parkinson's in the Belfast area.

You can volunteer for us in lots of ways, from raising awareness of Parkinson's to helping at a support group. Here's what some of our volunteers say about volunteering at Parkinson's UK:

"I feel that I am part of something really special and that what is achieved really does make a difference to people with Parkinson's."

"Raising funds for research gives me hope that a cure will be found".

"Volunteering lets me focus on what I can do, rather than what I can't do because of my Parkinson's."

Join us today and you will be part of a team with full training to carry out your role. You will also have a dedicated person to support you and receive out of pocket expenses. For more information on the volunteer roles available and an application pack contact Paula Mc Larnon, Branch and Volunteer Support, 0844 225 3684 or email pmclarnon@parkinsons.org.uk

COMMUNITY SHOPFootprints Women's Centre in Poleglass has opened a Community Shop which will provide a range of tinned and dried foods at discount prices to members. The shop is open Monday-Friday, 10.30am-1.30pm. Please see attached flyer for more details and sample prices. For more information contact Eileen at Footprints Women's Centre on (028)9092 3444 or email eileen@footprintswomenscentre.com

LIFENI The charity Lifeni is looking for volunteers for their charity shop on the Lisburn Road. If you would like to find out more please contact Jayne/Joanne @90438339. We are also seeking donations of good quality clothes, accessories, shoes, books and bric-a-brac. Lifeni caring, educating, upholding the value of human life

VOLUNTEER OPPORTUNITIES Shopmobility Belfast needs YOUR help.

We provide a service for people with mobility problems that allows them to get out and about in and around Belfast. Our volunteers assist us at every level to provide this service.

If you can give us some of your time full training will be given in all aspects of our work and out of pocket expenses will be paid.

If you would like to find out more ring us on **(028) 9080 8090** or check out our website at

www.shopmobilitybelfast.org

e-mail us at info@shopmobilitybelfast.co.uk

or simply call into our office at 2 Queen Street.

We aim to make volunteering an enjoyable experience. Working as part of our team you will be making a positive difference to people's lives.

PRAXIS CARE BEFRIENDING NEEDS VOLUNTEERS COULD YOU HELP?

Befriending provides one to one support and companionship to people who are feeling isolated or lonely as a result of their mental ill health.

Volunteer Befrienders get involved with everyday activities with their Praxis Care friend:

- Going for a walk
- Meeting for a coffee
- Going to the cinema or a local event
- Shopping
- Playing sport

Volunteers build friendships which have a lasting positive impact, make a huge difference to the lives of the adults they are matched with, reducing isolation, giving their time, sense of enthusiasm and energy.

Could you get involved? Donating even an hour or two of your time will make a real difference to someone in your local community who feels isolated and lonely.

To find out more, get a volunteer application form or to speak to someone about the service, contact Catherine on: **Telephone:** 028 9072 7161/ 028 9023 4555 **Email:** volunteering@praxiscare.org.uk

Online: www.praxiscare.org.uk



SALE OF GRAVES:

The Parish of Glenavy and Killead have a limited number of Burial Rights available in the graveyard of St Joseph's Church, Chapel Road, Glenavy. This is a secluded and well tended graveyard in the countryside just outside Glenavy village.

The burial ground is described as a 'Graveyard' as opposed to a 'Cemetery' since it is attached to St Joseph's Church. The cost of the burial right will be similar to that in Milltown Cemetery and reflects that purchasers are not, or are not expected to become contributing members of the local parish community. Each grave will take up to three interments. Application forms are available from the Parish Office Tel, 94422278 Mon- Fri 10.00-3.00pm

SHALOM TIDINGS is a bi-monthly magazine produced by Shalom Media. Begun in the 1980s in



India, the ministry began the first Christian 24/7 television channel in the nation. Expanding to print publications and other initiatives in India, today Shalom Media has offices in Ireland, the UK, Rome, Australia, the USA and Canada. In 2014 Shalom World television channel was launched. For more information about the ministry and to order the Shalom Tidings magazine visit **Shalom World** today!



CATHOLIC TALK-RADIO STATION FOR IRELAND!!

RADIO MARIA IRELAND is an Irish-run Catholic Talk-Radio Station. Established since May 2015 with the aid

of the World Family of Radio Maria, our modern studio is situated at the Red Cow Roundabout in Dublin. We have already surpassed 6,000 monthly listeners in Ireland and around the world. Our mission is to help spread the Gospel message of Joy, Hope and Charity with a mixture of Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies – all commercial free. We broadcast 24/7. [You might particularly like to join us for live Morning Prayer at 9.15am](#) followed by daily 10am Holy Mass. 11am Catechesis - with Fr. Eamonn McCarthy our full-time Priest Director - Angelus and Midday Prayer. Live Evening Prayer at 5pm is followed by News and the Rosary prayed from the studio at 5.30pm. We are part of a World Family of almost 80 such Catholic radio stations working to help communicate the Good News of Jesus Christ and His Church. **RADIO MARIA IRELAND** is available to download FREE by App "RADIO MARIA WORLD FAMILY" on mobile devices, FREE streaming on www.radiomaria.ie by clicking "LISTEN LIVE" or can be listened to on the phone via a live radio feed by calling +353 (0) 1 437 3277.

HEAVEN'S ROAD FM CATHOLIC RADIOwww.heavensroadfm.com

is a new internet Radio broadcasting Catholic programmes, prayers, interviews and music. Their website broadcasts up to 40 Masses and other services daily and has over 200+ podcasts available as Listen-again. Tune in and listen/watch. The Radio is run on a shoestring by unpaid volunteers, so any donation, however small, would be very welcome. Cheques should be made payable to Heavens Road fm Catholic Radio and sent to Heavens Road fm Radio, St John's Seminary, Wonerh, Guildford, GU5 0QX. Follow on Facebook (Heavens Roadfm) or twitter (@HeavensRoadFM).

Heavens Road fm Catholic Radiowww.heavensroadfm.com is broadcasting a special series of programmes on **Vocations** starting Sunday 12th Oct. Tune in and enjoy this new series on our Catholic radio. Their website broadcasts up to 40 live Masses daily. They are also looking for enthusiastic people to help make programmes and techies to operate the Radio. Further info at <http://www.heavensroadfm.com/vols/>. Follow on Facebook (Heavens Roadfm) or twitter (@HeavensRoadFM).

WE TIDY GRAVES November is a month when we remember the dead. We Tidy Graves is offering

a great clean up service on a loved ones grave and all from only £30 for a basic clean. Contact Andrew on 02890 292 140 or mobile 0771 8282 81 6 Website: www.wetidvgraves.com

AGE NI ADVICE SERVICE If an older person you know needs advice, information or practical support on a wide range of issues including welfare benefits, community care, housing and health, contact the **Age NI Advice Service** on Freephone **0808 808 7575** to speak to a specialist advisor in confidence. Our advisors can provide a free benefit check to ensure that older people are accessing the benefits they are entitled to.

TINYLIFE The premature baby charity for Northern Ireland Can you help TinyLife, to help tiny lives?

Would you have a few hours to spare once a week to help support a family with a premature or ill baby in their own home? We need volunteers in your area.

For further information contact us on 02890 815050 or e-mail marie@tinylife.org.uk

AL ANON - Footprints every Monday from 7.45-9.00

Millions of people are affected by the excessive drinking of someone close Al Anon is there for support. Members do not give direction or advice to other members instead they share their personal experiences and stories, and invite other members to determine for themselves what lesson they could apply to their own lives. Why not come along to the meeting

THE GOOD SHIP LOLLIOPI – APPEAL FOR CHILD REFUGEES. The Belfast children's charity Tuesday's Child is working with catholic missionaries in Sicily to help child refugees rescued in the Mediterranean. Funds will go towards providing essential aid items and care for children, young people and their families and helping high risk children who come in unaccompanied on the boats. Tuesday's Child gives 100 % donations received plus gift aid. If you can help, please visit our website at www.tuesdayschild.ie , email info@tuesdayschild.ie or phone us at 02890-646104 or 07545-452362. You can also make a donation by texting TUES75 and amount to 70070 e.g. TUES75 £5.

TUESDAY'S CHILD is a catholic charity helping children and their families in areas of the world ravaged by war and extreme poverty. Everything we do is All Through Mary for the glory of the Infant Child. Tuesday's Child gives 100 percent of donations received and monies raised. When you donate online, both pay systems we use take a small % of your donation. Administration costs are covered by a private sponsor and gift aid received goes to our projects. We work directly with catholic missionaries in all project areas. Where monies are donated to projects run by missionary priests, we ask for masses to be celebrated in return for Ireland.

Tuesday's Child gives 100 percent of donations received and monies raised. If you are donating online both pay systems take a small % of your donation.

FRIENDS IN FAITH GROUP- Clonard- Open to new members !

Are you in your 30's,40's +plus,/ Interested in making new friends / living & sharing your faith together / participating in various Spiritual/Social events. Why not come and see for yourself,you would be very welcome at Clonard. Simply register now by emailing your name/and contact details to faithtogether@clonard.com or text your name/to 07842960198 and we will be in touch.

THE EXPLOREAWAY PROGRAMME

If you are single and between 21 and 40 years of age and feel you may have an interest in religious life and would like to share with others similar questions then exploreAway aims to provide the input, support and accompaniment needed to help participants discern their call. The programme involves five residential weekends and one residential weekend retreat throughout the year, based in Dublin The weekends will provide input on vocation, discernment, prayer and religious life- its core values and the various ways it is lived.Email enquires@exploreaway.net or Tel 087 358 4447 or 085 766 448

WERE YOU ABUSED WHEN YOU WERE IN AN INSTITUTION? TALK TO US - WE WILL LISTEN"

The **Historic Institutional Abuse Inquiry** is an independent Inquiry set up to investigate abuse of children in residential institutions (but not schools) in Northern Ireland between 1922 and 1995. Abuse could be sexual or physical abuse, or emotional abuse or neglect. The Inquiry has an Acknowledgment Forum where you can come and tell experienced professionals in private, and in confidence, about abuse you experienced. Another part of the inquiry will investigate abuse, and then make recommendations to the Northern Ireland government. You can choose to talk to both parts, or to either part, of the Inquiry.

If you were abused in an institution, or saw others being abused, the Inquiry wants to talk to you. It hopes that as many people as possible who experienced abuse in institutions, or witnessed others being abused, will come forward to help the Inquiry investigate the way these children were treated, and what should be done about it. If you know someone who was abused encourage them to contact us

If you want to contact us you can get more information on our website www.hiainquiry.org. If you live in the UK you can write to us at FREEPOST HIA Inquiry, or ring us at our FREEPHONE number 0800 068 4935. If you live outside the UK you can write to us at HIA Inquiry, PO Box 2080, Belfast, BT1 9QA

SERVING AFRICA THROUGH OLD COMPUTERS

Camara are a Local Charity based in Unit 10, Townsend Enterprise Park. Belfast BT13 2 ES, who take old computers, wipe the data, refurbish them and set them up in schools in Africa as computer labs. Combined with accredited training courses and ongoing maintenance we have taught over half a million young people how to use a computer. This vital skill in today's world opens up unending opportunities for the young people whilst also building a better future for the country.

To do this amazing work we need old computers. There is huge demand from Africa for *Camara* computers as we send them preloaded with software and train the teachers how to use them. From 11th November we will run our annual "One week, One Thousand Computers" campaign. Churches in Northern Ireland contributed over a quarter of this last year.

This annual event tries to find 1,000 unused and unwanted pcs and laptops for reuse in deprived schools in Africa. *Camara* wipe and repair computers of all ages, shapes and sizes, load them with educational software and ship them to one of *Camara's* seven African Hubs where they are distributed to the most deprived schools. We are asking people to dig out their old computers that are gathering dust.

Visit www.camara.org for details of where to drop your computers off between 9.30 and 4.30 any week day.

For your information. It costs £100 per computer to process, ship and provide the relevant training and maintenance for a minimum of 21 children to learn how to use it over the next 3 years. Most schools require a 25 computer suite at a cost of £2,500. Whilst we are not asking for donations anyone who feels they would like to support *Camara* in this way may do so through <https://mydonate.bt.com/charities/camara> or by sending a donation along with a computer to our base in 10, Townsend Enterprise Park

ACTION CANCERS SUPPORT SERVICES

- **Counselling** (for adults and children over the age of 5) – counselling provides an opportunity to explore thoughts and feelings, to identify worries and concerns and to create self awareness and bring about change. Examples of therapies used include: Person Centred Counselling; Sandplay/art therapy; Thought Field Therapy and Emotional Freedom Technique
- **Complementary therapies** which include: reflexology, aromatherapy, relaxation techniques, Bach Flower remedies, gentle massage, Bowen and Emmett therapy.
- **Acupuncture** clinic – acupuncture can help with pain and symptom control.
- One to one **Coaching**.
- A group focused **Positive Living Programme** – this programme uses life coaching techniques to help people reflect, refocus, build coping skills and set personal goals to be able to move forward positively with life after a cancer diagnosis.

For further information Tel 90803344 or email info@actioncancer.org or visit the website at www.actioncancer.org

OLD, UNWANTED PAIRS OF GLASSES 'Vision Aid Overseas'

Please leave old pairs of glasses or frames in the box in the main porch of the church or Conway Opticians, Castle Street, Belfast.

FREE HEARING-AID SUPPORT SESSIONS IN YOUR AREA:

West Belfast Beech Hall Wellbeing & 21 Andersonstown Rd, BT11 9AF

4th Wed of each month, 10-12pm – 2018

THE SOCIETY OF ST VINCENT DE PAUL

'Dear parishioners. The St Vincent de Paul as a Christian Society strives to help the genuinely needy. Neither poverty nor the Society discriminates. Sadly and increasingly we have bogus callers who abuse the Christian generosity of our parishioners whose support we depend on. It is difficult to refuse someone who presents as "seemingly" distressed as we may mistake the genuine for the bogus but we ask parishioners to direct anyone who contacts them seeking help, either at their homes or at the church, to call 90601899 or 90351561.

FURNITURE APPEAL The St Vincent De Paul requires donations of good furniture and Bric-a-brac on an on going basis to assist families who are being housed and seeking help. Meeting this demand is a constant struggle that may only be met through the public's generosity. Aware of the many demands already made of parishioners and thankful for your continued support may we ask you to consider donating good used furniture to us by contacting any of our members or telephoning our area office on 90601899

THE SOCIETY OF ST VINCENT DE PAUL-Clare Lodge Centre-*A centre for well being*

Situated at 3 Castle Place Newcastle, County Down, Clare Lodge is more than just a holiday centre, it is a haven of peace and tranquillity for those who need a break from the pressures of day to day life, or to enjoy a relaxing stay by the sea.

One of the few holiday centres to be opened all year round Clare Lodge can accommodate 42 guests in 18 en suite bedrooms all with tea and coffee making facilities free internet access and flat screen televisions. Together with a large dining hall, comfortable lounge and an outside seating area, this is a modern, spacious centre. All rooms are wheelchair accessible with a lift for ease of access.

We can offer week long breaks, Sunday to Saturday as well as midweek and weekends on a full board basis which includes, breakfast, lunch, evening meal and light supper. Bed and breakfast and tailored options are also available.

For further information contact any member of your local St. Vincent de Paul Conference or directly to Clare Lodge on 028 43 722849

VINCENT'S SHOP; Do you have a few hours to spend each week? Why not help out at our Vincent's Shop facing Turf Lodge. Volunteers urgently needed

CLOTHES BANK A St Vincent De Paul clothes bank has been installed to the left of the Church in the car park. Used clothes are very welcome. All proceeds go to West Belfast.

